## Swimming Selection Criteria Commonwealth Games Squad - Birmingham, UK, 27 July - 7 August 2022

## 1. Eligibility

1.1. To be eligible for squad selection, swimmers must participate at the 2022 SSA National Swimming Championships, that will take place at the Newton Park Swimming Pool, Gqeberha from 6-11 April 2022.
1.2. Swimmers must be available to travel to the UK in July/August 2022.
1.3. All swimmers must have signed the Swimming South Africa and SASCOC Code of Conduct.
1.4. All swimmers who wish to be eligible for selection must fully commit to all aspects of the Swimming South Africa and SASCOC preparation plan for the Commonwealth Games 2022.
1.5. Selected swimmers must be in possession of a South African passport valid until the end March 2023 and must have chosen South Africa as their sports Nationality.
1.6. All swimmers must be available for relay selection.
1.7. Selected $\mathrm{U} / 18$ swimmers must have an unabridged birth certificate.
1.8. The Swimming South Africa Executive reserves the right to amend the criteria and such amended criteria will be circulated all Affiliates.
1.9. Achieving the published qualifying times only makes swimmers eligible for squad selection. Achieving the published qualifying times does not guarantee selection for the final team.
1.10. The final team selection will be in accordance with the SASCOC selection criteria, and all team announcements will be done by SASCOC.
1.11. The final team size will be determined by SASCOC

## 2. Criteria

### 2.1. Individual Events

2.2. The first three placed swimmers in a final at the 2022 SSA National Swimming Championships, in a Commonwealth Games Individual Event will be considered for selection provided they achieve the published qualifying time.
2.3. Should the first three placed finalists not achieve the published qualifying time, the swimmers, who have achieved the published qualifying time in a heat will be considered for selection in order of fastest to slowest ranked swimmers provided they competed in the final of that event.
2.4. Please note that the 1500 m Freestyle for Women and 800 m Freestyle for Men are not Commonwealth Games Individual Events.

### 2.5. Relays

### 2.5.1. 400 m and 800 m Freestyle Relay

2.5.1.1. The first and second placed swimmers, subject to them achieving the published qualifying time in the final of the 100m freestyle / 200m freestyle (individual event), will be automatically selected for these relay squads.
2.5.1.2. All other swimmers participating in the final may be considered for selection.
2.5.1.3. The final relay team will only be selected closer to the Commonwealth Games. A swim off may be utilized to determine the final team selection.

### 2.5.2. 400 m Medley Relay

2.5.2.1. The first placed swimmer, subject to achieving at least the published qualifying time in the final of the 100 m free, 100 m back, 100 m breast and 100 m butterfly individual events may be considered for selection.
2.5.2.2. All other swimmers participating in the final may be considered for selection.
2.5.2.3. The final relay team will only be selected closer to the Commonwealth Games. A swim off may be utilized to determine the final team selection.

## Qualifying Times

| WOMEN |  | MEN |
| ---: | :---: | ---: |
| 25.04 | 50 Freestyle | 22.18 |
| 54.25 | 100 Freestyle | 48.77 |
| $1: 58.66$ | 200 Freestyle | $1: 47.06$ |
| $4: 10.57$ | 400 Freestyle | $3: 48.15$ |
| $8: 37.90$ | 800 Freestyle |  |
|  | 1500 Freestyle | $15: 04.64$ |
| 28.22 | 50 Backstroke | 25.17 |
| $1: 00.59$ | 100 Backstroke | 54.03 |
| $2: 11.08$ | 200 Backstroke | $1: 58.07$ |
| 31.22 | 50 Breaststroke | 27.33 |
| $1: 07.43$ | 100 Breaststroke | 59.75 |
| $2: 25.91$ | 200 Breaststroke | $2: 10.32$ |
| 26.32 | 50 Butterfly | 23.63 |
| 58.33 | 100 Butterfly | 51.96 |
| $2: 09.21$ | 200 Butterfly | $1: 56.71$ |
| $2: 12.98$ | 200 Individual Medley | $1: 59.76$ |
| $4: 43.06$ | 400 Individual Medley | $4: 17.48$ |

